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Educational consultant Stephanie Harvey has helped shape the instructional vision for this Teacher’s Guide. Her goal is to ensure you have the tools you need to enhance student understanding and engagement with nonfiction text.

Lexile® Framework Levels

Trailblazer
Expedition Everest .......................... 650
Escape on the Pearl.......................... 630
River of Ice ................................... 590

Pioneer
Expedition Everest .......................... 480
Escape on the Pearl.......................... 560
River of Ice ................................... 550

Standards Supported

• Common Core State Standards (CCSS)
• Next Generation Science Standards (NGSS)
• C3 Framework for Social Studies State Standards (C3)

See each lesson for the specific standard covered.
BACKGROUND
Since 1888, the National Geographic Society has funded scientists and explorers and shared their findings with the world. To support educators who use our resources, we have created a Learning Framework, which lays out what we believe students should learn from their experiences with the Society.

PURPOSE
The Learning Framework was designed to convey the Society’s core beliefs and values. It is built around a set of attitudes, skills, and knowledge that embody the explorer mindset.

To determine the learning outcomes within the Learning Framework, we dug deep into national standards in key subject areas. We also sought advice from subject matter and child development experts, along with the combined expertise of NG instructional designers, researchers, and content developers. To learn more, go to: https://www.nationalgeographic.org/education/learningframework/.

IMPLEMENTATION
Each article in this magazine has a knowledge-based link to the Learning Framework.

MINDSET OF AN EXPLORER: KEY FOCUS AREAS

Attitudes
CURiosity An explorer remains curious about how the world works throughout his or her life. An explorer is adventurous, seeking out new and challenging experiences.

RESPONSIBILITY An explorer has concern for the welfare of other people, cultural resources, and the natural world. An explorer respects, considers multiple perspectives, and honors others regardless of differences.

EMPOWERMENT An explorer acts on curiosity, respect, responsibility, and adventurousness and persists in the face of challenges.

Skills
OBSERVATION An explorer notices and documents the world around her or him and is able to make sense of those observations.

COMMUNICATION An explorer is a storyteller, communicating experiences and ideas effectively through language and media. An explorer has literacy skills, interpreting and creating new understanding from spoken language, writing, and a wide variety of visual and audio media.

COLLABORATION An explorer works effectively with others to achieve goals.

PROBLEM SOLVING An explorer is able to generate, evaluate, and implement solutions to problems. An explorer is a capable decision maker—able to identify alternatives and weigh trade-offs to make a well-reasoned decision.

Knowledge
THE HUMAN JOURNEY An explorer understands where we came from, how we live today, and where we may find ourselves tomorrow.

OUR CHANGING PLANET An explorer understands the amazing, intricate, and interconnected systems of the changing planet we live on.

WILDLIFE AND WILD PLACES An explorer reveals, celebrates, and helps to protect the amazing and diverse creatures we share our world with.
CONNECT & ENGAGE (20 minutes)

Kids are in a group on the floor in front of you. Sit on a low chair and hold up pages 8–9 in the magazine.

Say: “Escape on the Pearl” is a different type of article from the other two in the magazine. It is written by Mary Kay Ricks and has illustrations instead of photos. The illustrations are by Adam Turner. Take a look at these first two pages of the article. Before even starting to read an article, you can learn a lot from the headline and the illustrations. That alone starts you thinking and wondering.

Say: But before we really dig into this article, I want to show you how we turn and talk throughout a lesson. It’s important to talk to one another about what we are thinking. Sharing our thoughts helps us learn from one another, and it helps us understand what we are viewing and reading in the text.

Say: Can I get two volunteers to help me? Wonderful! The two of you can sit down next to each other facing the class. When I ask you to turn and talk, turn and look at each other. You don’t need to move your whole body, just turn slightly so you can look at each other and politely have a conversation. That’s it. Nice job, volunteers!

Say: All right, now that we’ve seen a good model of turning and talking from our volunteers, turn to the person next to you and talk about pages 8–9. Share your thoughts about the headline and the illustrations.

Kids turn and talk.

MODEL (10 minutes)

Kids sit in a group on the floor, with you in a low chair in front of them.

Say: When we read or listen to an article or a story, we start thinking about what we are reading or hearing. We think about connections we have to the information or to the pictures. We might be reminded of something we know or of a place we’ve been. Or we could start wondering or have questions about something.

Say: Thinking is so important! Thinking is the key to understanding what you are seeing, listening to, or reading about.

Say: Let’s look at page 9. I’m going to show you how I think about things. On this page, the first thing I notice is the illustrations. I know that often fiction stories have illustrations, so I start to wonder if this is a made-up story or a true story. Then I notice the larger type above the author’s name, and I read it. It says, “Follow me as I uncover a story from the past.” Now I know this is a true story from the past. That’s good for me to know before I read on. Next I’m going to read aloud the rest of the text on the page, so follow along.

Read aloud the text on page 8.

Say: All right, now I know a lot about what the title means. These enslaved people are attempted to escape into freedom on a ship called the Pearl. From the illustration, I’m thinking that these young women were two of the seventy people onboard the ship. I’m guessing we will hear more about them. I’m going to write down my thinking on a Think Sheet square.

Say: It’s your turn. Turn and talk with a partner about what you are thinking about these pages.

Kids turn and talk.
GUIDE (10 minutes)

Hand out the Think Sheets attached to clipboards. Kids remain grouped in front of you on the floor.

Say: Let’s move on to pages 10–11. Look at the map and illustrations as I read aloud. On your Think Sheets, write what you are thinking. I will do the same, after I finish reading aloud.

Say: When you finish writing, turn and talk about your thinking.

Give kids time to turn and talk and share what they wrote with a partner.

Say: I’m curious to hear about your thinking. Who would like to share with the class what you were thinking?

Kids share out.

Say: That’s great thinking, everyone. I had some of the same thoughts you did. What a plan they had! If only it would have worked out. Here are some of the things I wrote down about my thinking.

- I was glad to have the map to see how far the Pearl had traveled south on the Potomac from Washington, D.C.
- I can’t believe they were so unlucky to have the wind die down, giving the slave owners time to realize they were gone and then set out to capture them.
- I see now that the two young women pictured on page 9 were Mary and Emily Edmonson. Just like the author, I want to learn more about them and their brothers.

COLLABORATE (25 minutes)

Say: Turn to pages 12–13. This time, work with a partner. Read the text. You can read the text silently or take turns reading it aloud to each other. After reading, turn and talk with your partner. What new information have you found out about the Pearl and the Edmonsons? How was the author able to get this information? What else do you wonder about? What questions do you have? Write your thinking on your Think Sheets.

Allow kids time to read, turn and talk, and write.

Say: Keeping in mind any questions you wrote down on your Think Sheets, continue reading to the end of the article on page 15. Follow the same process—read, turn and talk, and then write about your thinking.

Give kids time to read and talk about their thinking and get their thinking recorded on their Think Sheets.

Say: Once again, I’m very curious about your thinking. Were all your questions and wonderings about the Pearl and the Edmonsons answered? Do you have any thoughts about the author and the research and writing she did to tell this story from the past? Who would like to share their thoughts with the class?

Give kids time to share out.

Say: Your thinking is just awesome, class! I’m so impressed with not only your thinking but also the way you have been talking with one another about your thinking.

SHARE THE LEARNING (10 minutes)

Kids join a sharing circle.

Say: Let’s get together and talk about what we learned. I learned that it’s important to think and write about what you are reading and viewing. Who else would like to share something they learned? You can share something you wrote on your Think Sheet.

Allow time for kids to share their learning.

Say: Does anyone want to share something they are still curious about or still wonder about this true story about the escape on the Pearl, the Edmonsons, or the author’s research and writing about this story? Remember that as we read, we might have questions that aren’t answered in the text. We may need to find those answers somewhere else. We can write down your questions and decide if we’d like to research to find the answers later on.

If kids have questions they still wonder about any aspect of this story or the author, you might want to write them down and choose a few to research as a class.

I’ve always loved reading about true stories of the past, and I really enjoy reading about an author’s process for researching and writing. It’s amazing how much work goes into telling a true story. It’s so important to get all the facts straight, and I’m sure writers have to be prepared not to find everything they had hoped to. Just like readers, writers are sometimes left with unanswered questions. Great work today, class!
THINK SHEET

Use these note squares to write your thoughts about the text.
What You’ll Need
• Nonfiction text
• Think Sheet template
• Clipboards and pencils

This frame is a kind of template of the lesson we just worked on. It has the instructional moves and language of the lesson, but the specific content has been removed. This way you can use the Lesson Frame for the other articles in the issue or for any nonfiction text you might be teaching.

CONNECT & ENGAGE (20 minutes)

Kids are in a group on the floor in front of you. Sit on a low chair and hold up the magazine.

Say: Take a look at the beginning of the article. Before even starting to read, you can learn a lot from the title and the pictures. That alone starts you thinking and wondering.

Say: But before we really dig into this article, I want to show you how we turn and talk throughout a lesson. It’s important to talk to one another about what we are thinking. Sharing our thoughts helps us learn from one another, and it helps us understand what we are viewing and reading in the text.

Say: Can I get two volunteers to help me? Wonderful! The two of you can sit down next to each other facing the class. When I ask you to turn and talk, turn and look at each other. You don’t need to move your whole body, just turn slightly so you can look at each other and politely have a conversation. That’s it. Nice job, volunteers!

Say: All right, now that we’ve seen a good model of turning and talking from our volunteers, turn to the person next to you and talk about page(s) _____.

Kids turn and talk.

MODEL (10 minutes)

Kids sit in a group on the floor, with you in a low chair in front of them.

Say: When we read or listen to an article or a story, we start thinking about what we are reading or hearing. We think about connections we have to the information or to the pictures. We might be reminded of something we know or of a place we’ve been. Or we could start wondering or have questions about something.

Say: Thinking is so important! Thinking is the key to understanding what you are seeing, listening to, or reading about.

Say: Let’s look at page _____. I’m going to show you how I think about things. On this page, the first thing I notice is ____________. I start to wonder if this is ________________. Then I notice ________________. Now I know ________________. That’s good for me to know before I read on. Next I’m going to read aloud the text on the page, so follow along.

Read aloud the text on page _____.

Say: All right, now I know ________________. I’m going to write down my thinking on a Think Sheet square.

Say: It’s your turn. Turn and talk with a partner about what you are thinking about these pages.

Kids turn and talk.
GUIDE (10 minutes)

Hand out the Think Sheets attached to clipboards. Kids remain grouped in front of you on the floor.

**Say:** Let's move on to page(s) _____. Look at __________ as I read aloud. On your Think Sheets, write what you are thinking. I will do the same, after I finish reading aloud.

**Say:** When you finish writing, turn and talk about your thinking.

Give kids time to turn and talk and share what they wrote with a partner.

**Say:** I'm curious to hear about your thinking. Who would like to share with the class what you were thinking?

Kids share out.

**Say:** That's great thinking, everyone. I had some of the same thoughts you did. Here are some of the things I wrote down about my thinking.

COLLABORATE (25 Minutes)

**Say:** Turn to page(s) _____. This time, work with a partner. Read the text. You can read the text silently or take turns reading it aloud to each other. After reading, turn and talk with your partner.

What new information have you found out about __________? What else do you wonder about? What questions do you have? Write your thinking on your Think Sheets.

Allow kids time to read, turn and talk, and write.

**Say:** Keeping in mind any questions you wrote down on your Think Sheets, continue reading to the end of the article. Follow the same process—read, turn and talk, and then write about your thinking.

Give kids time to read and talk about their thinking and get their thinking recorded on their Think Sheets.

**Say:** Once again, I’m very curious about your thinking. Were all your questions and wonderings answered? Who would like to share their thoughts with the class?

Give kids time to share out.

**Say:** Your thinking is just awesome, class! I’m so impressed with not only your thinking but also the way you have been talking with one another about your thinking.

SHARE THE LEARNING (10 minutes)

Kids join a sharing circle.

**Say:** Let’s get together and talk about what we learned. I learned that it’s important to think and write about what you are reading and viewing. Who else would like to share something they learned? You can share something you wrote on your Think Sheet.

Allow time for kids to share their learning.

**Say:** Does anyone want to share something they are still curious about or still wonder about this article? Remember that as we read, we might have questions that aren’t answered in the text. We may need to find those answers somewhere else. We can write down your questions and decide if we’d like to research to find the answers later on.

If kids have questions they still wonder about, you might want to write them down and choose a few to research as a class.

**Say:** It’s amazing how much you’ve learned about the importance of thinking, writing, and talking about your reading. Thank you so much for sharing your thinking and your learning. Great work today, class!
Expedition Everest

SCIENCE

Science Background

Mount Everest is part of the Himalaya mountain range, which divides most of southern Asia from the India subcontinent. At 8,848 meters (29,029 feet), it is the highest point above sea level on Earth.

To learn more about climate change, National Geographic recently sponsored an expedition of 30 scientists to study this extreme environment. For two months, the experts collected data up and down the mountain. They even installed the highest weather station in the world.

Mount Everest is one of the few peaks high enough to enter the Sub-tropical Jet Stream, which influences everything from climate to growing seasons. Data collected here could help scientists understand these powerful winds.

Standards Supported

• **NGSS ETS1.A: Defining and Delimiting Engineering Problems:** Asking questions, making observations, and gathering information are helpful in thinking about problems. (K-2-ETS1-1)
• **NGSS ESS2.3: Weather and Climate:** Climate describes a range of an area’s typical weather conditions and the extent to which those conditions vary over years. (3-ESS2-2)

Resources

• Projectable PDF or interactive digital magazine
• Content Assessment Master (page 9)
• Article Test (page 14)
• Living at High Altitude poster (teacher’s edition)
• Test the Science: High Altitude Exploring poster (teacher’s edition)

ENGAGE

Encourage students to flip through the article and turn and talk with a partner to discuss what they see. Invite students to ask questions or share what they already know about Mount Everest.

EXPLORE

Display the “Expedition Everest” article with the projectable PDF or the interactive digital magazine. As a class, brainstorm ideas about what it would be like at the top of Mount Everest. Encourage students to compare those conditions to what it is like where you live.

EXPLAIN

After reading, have students turn and talk to discuss what they read with a partner. **Ask:** Why did Alex Tait and his team go to Mount Everest? (to study climate change) Why? (Glaciers in these mountains feed rivers and give water to millions of people. Warmer temperatures are causing the glaciers to melt too quickly.) As a class, identify different types of data the team collected to help them study the affects of climate change on Mount Everest. (ice, snow, rock, and water samples; set up a weather station to collect data about the weather) Challenge students to explain the team’s work could help the scientists learn about the mountain’s past and present and possibly predict its future.

ELABORATE

Display and review the Living at High Altitude poster. Have students discuss how a change in climate could impact animals that live at different heights on Mount Everest. Then display the Test the Science: High Altitude Exploring poster. Review the two sidebars. Provide supplies and have students conduct the experiment with a partner. Rejoin as a class to analyze the results. Encourage students to share their ideas about what it is like in Everest’s “Death Zone.”

EVALUATE

Have students complete the Content Assessment for this lesson. Then have them take the Article Test. Encourage them to share and compare their results in small groups.
EXPLORATION: Expedition Everest

Explain how each of these tools helps Alex Tait study climate change on Mount Everest.

<table>
<thead>
<tr>
<th>mapping</th>
<th>ice cores</th>
<th>weather station</th>
</tr>
</thead>
</table>

In your own words, explain why scientists need to study places like Mount Everest.
Social Studies Background

On the evening of April 15, 1848, 77 slaves attempted one of the most daring escapes in the history of the Underground Railroad. That night, small groups of men, women, and children snuck away from their homes in and around Washington, D.C. They boarded a sailboat called the Pearl, hoping to make their way to freedom up North.

Unfortunately, shortly after they departed the wind died. The captain was forced to drop the anchor and wait. By the time the wind picked up and they could set sail again, their owners knew they were gone and set out in pursuit. They caught up with the Pearl and towed it back to Washington, D.C. The 77 fugitives were jailed, sold to slave traders, and sent to the South.

Although the Pearl’s journey failed, its mission did not. People were now more aware of slavery and fought to have it abolished. In 1850, two years after the Pearl sailed, some members of Congress tried to end slavery in Washington, D.C. It took 12 more years for that to happen, making slaves in the District the first to be freed by federal law.

Engage
Encourage students to flip through the article and turn and talk with a partner to discuss what they see. Invite students to ask questions or share what they already know about the Underground Railroad.

Explore
Display the “Escape on the Pearl” article with the projectable PDF or the interactive digital magazine. Have students examine each illustration. Encourage them to describe what they think the pictures show.

Explain
After reading, encourage students to express how they would feel if they had been one of the enslaved people trying to escape on the Pearl. Ask: Why do you think a story as important and dramatic as this was forgotten? (Possible response: It was illegal for enslaved people to learn how to read or write. Many of their stories, like this one, were forgotten.) As a class, discuss how the author used primary sources to rediscover the Pearl’s tale. Brainstorm ideas about how her findings might have been different if none of these primary sources existed.

Elaborate
Remind students that the Pearl was a stop on the Underground Railroad, a network of people, homes, and hideouts that helped enslaved people in the South escape to freedom in the North during the 30 years before the Civil War. To learn more about this network, invite students to complete the National Geographic Education interactive “Journey to Freedom: Underground Railroad” (https://www.nationalgeographic.org/interactive/journey-freedom-underground-railroad/). This “choose your own” learning experience immerses students in the action as they attempt to escape from a southern plantation and head north toward freedom.

Evaluate
Have students complete the Content Assessment for this lesson. Then have them take the Article Test. Encourage them to share and compare their results in small groups.
CONTENT ASSESSMENT: Escape on the *Pearl*

Identify three primary sources author Mary Kay Ricks used to learn about the *Pearl*. Tell what she learned from each.

<table>
<thead>
<tr>
<th>Identify</th>
<th>Tell</th>
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</tbody>
</table>

Is Mary Kay Ricks’ book *Escape on the Pearl* a primary source? Why or why not?

_____________________________________________________________________________________

What is one question you still have about the *Pearl*? What is a primary source could you use to find the answer?

_____________________________________________________________________________________

_____________________________________________________________________________________
River of Ice

SCIENCE

Standards Supported

- **NGSS ESS2.A: Earth Materials and Systems:** Wind and water can change the shape of the land. (2-ESS2-1)
- **NGSS LS4.D: Biodiversity and Humans:** Populations live in a variety of habitats, and change in those habitats affects the organisms living there. (3-LS4-4)

Resources

- Projectable PDF or interactive digital magazine
- Content Assessment Master (page 13)
- Article Test (page 16)

Science Background

Flowing like rivers of ice, glaciers carve and shape the land, leaving trough-shaped valleys, deep fjords, and other features in their wake.

Glaciers form high on mountains and at the poles. Layers of snow build up over time, compress under their own weight, and ultimately transform into dense glacial ice.

Glaciers cover about 10 percent Earth’s land, or 15 million square kilometers (5.8 million square miles). Their ice can be thousands of years old. Scientists drill and take out ice cores to study the layers within them. This analysis shows what past environments were like. It also reveals how and why climates changed in the past and how they might change in the future.

ENGAGE

Encourage students to flip through the article and turn and talk with a partner to discuss what they see. Invite students to ask questions or share what they already know about glaciers.

EXPLORE

Display the “River of Ice” article with the projectable PDF or the interactive digital magazine. As a class, brainstorm ideas about why scientists would want to study glaciers.

EXPLAIN

After reading, remind students that glaciers are huge, slow-moving rivers of ice. Ask: *Where on Earth can you find glaciers now?* (on mountains or near the poles) *How do glaciers form?* (Snow falls, stacks up, and is packed together. The weight of the snow forces trapped air out, turning the white snow into blue ice.) As a class, discuss how glaciers can change the land. Review the glacier-related words in the Wordwise feature and have students examine the photos to better understand specific terms. Challenge students to identify ways glaciers impact the lives of people who live near them.

ELABORATE

Remind students that higher temperatures brought on by climate change are causing glaciers to melt. As a class, discuss how this could change the lives of people who live near melting glaciers as well as those who live far away.

EVALUATE

Have students complete the Content Assessment for this lesson. Then have them take the Article Test. Encourage them to share and compare their results in small groups.
CONTENT ASSESSMENT: River of Ice

Draw a diagram to show how a glacier forms.

Draw another diagram. Show how climate change causing glaciers to melt could affect the land and people who live near glaciers.
ARTICLE TEST: Expedition Everest

Read each question. Fill in the circle next to the correct answer and then write your response on the lines.

1. Where is Mount Everest?
   - A Nepal
   - B Nevada
   - C the Netherlands

2. What do its glaciers give to millions of people?
   - A rocks
   - B water
   - C heat

3. What did scientists use to map its highest glacier?
   - A drones
   - B a drill
   - C weather stations

4. What do scientists study when they take an ice core?
   - A a glacier’s surface
   - B a glacier’s temperature
   - C a glacier’s layers

5. Why are scientists studying the climate on Mount Everest?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
ARTICLE TEST: Escape on the *Pearl*

Read each question. Fill in the circle next to the correct answer and then write your response on the lines.

1. Which word best describes the passengers on the *Pearl*?
   - A abolitionists
   - B slaves
   - C slave owners

2. Where were they leaving from?
   - A New Jersey
   - B Louisiana
   - C Washington, D.C.

3. What happened to them?
   - A They were caught.
   - B They escaped.
   - C They drowned at sea.

4. Which of these documents is a primary source about the *Pearl*?
   - A ship passenger lists
   - B Mary Kay Ricks’ book, *Escape on the Pearl*
   - C the *Explorer* article you just read

5. How did the *Pearl*’s tale help change history?

   ____________________________________________
   ____________________________________________
   ____________________________________________
   ____________________________________________
   ____________________________________________
   ____________________________________________
ARTICLE TEST: River of Ice

Read each question. Fill in the circle next to the correct answer and then write your response on the lines.

1. What does a place need to have glaciers?
   A islands, palm trees, sand
   B snow, valleys, fjords
   C snow, cold temperatures, time

2. Where do glaciers form?
   A on islands
   B on mountains or near the poles
   C in the middle of the ocean

3. What is a crevasse?
   A a deep, open crack
   B a tall ridge of ice
   C a slow-moving mass of ice

4. What is climate change causing glaciers to do?
   A grow
   B spread
   C melt

5. What is one way glaciers affect people’s lives?

   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________
**Pioneer and Trailblazer**

## ANSWER KEY

### Expedition Everest

**Assess Content, page 10**

*Mapping*: helps them create a photo-map or bigger picture showing what the area looks like today

*Ice core*: helps them study the glacier’s layers to find out what the climate was like in the past

*Weather station*: collects data to show what the climate is like on Mount Everest and how it changes over time

**Question**: Answers will vary.

### River of Ice

**Assess Content, page 14**

Students’ first diagrams should resemble the diagram on page 18 of the article. Their second diagrams will vary, but may show rising sea levels, water sources drying up, or a variety of ways a rapidly melting glacier could impact people’s lives.

**Article Test, page 17**

1. C; 2. B; 3. A; 4. C; 5. Answers will vary, but the information should come from the article.

### Article Test, page 15

1. A; 2. B; 3. A; 4. C; 5. Possible response: They want to know what is happening on the mountain and see how its climate changes over time.

### Escape on the Pearl

**Assess Content, page 12**

*Table*: Answers will vary depending on which type of primary resource students select.

**Question 1**: No. Her book is not a primary resource because it was not created at the time the event happened.

**Question 2**: Answers will vary.

**Article Test, page 16**