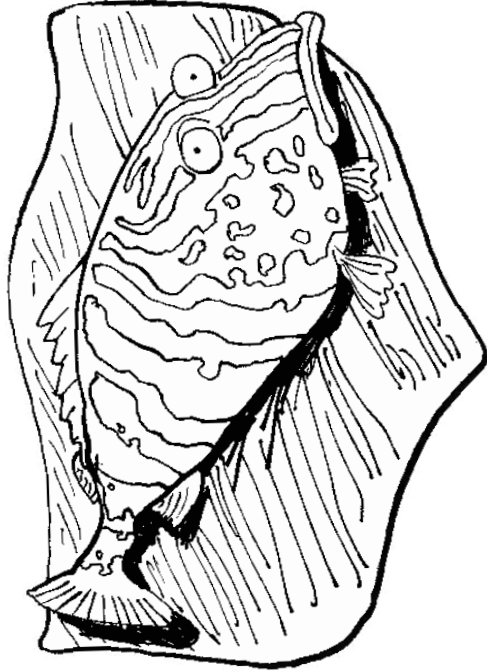


## 001 Mission: Explore Food—Sustainable Seafood

### Don't bite endangered fish

Some species of fish are being caught, or harvested, and eaten so quickly that their numbers are going down. Many are endangered and even face possible extinction because we're overharvesting them.

Complete this identification chart to help you avoid munching on these increasingly rare sea creatures.



• NASSAU GROUPEL •



There are lots more fish that you could add to your chart. Visit the Marine Stewardship Council website to work out which fish are safe for you to eat. [www.msc.org](http://www.msc.org)



• ATLANTIC COD •



• MONKFISH •



• HADDOCK •



• EEL •



• SWORDFISH •



• SHARK •